

Bushido Karate Dojo Schedule Starting September 13

MON	TUE	WED	THU	FRI	SAT
6 - 6:45 AM Fitness Online		6 - 6:45 AM Strength Online		6 - 6:45 AM Fitness Online	
			4 - 4:50 Bridgton Rec KIDS	3:00 - 3:50 Molly Ockett Starts 9/24	8 - 8:45 AM All Levels Online
	5 - 5:45 PM Kids Karate Online	5 - 5:45 PM Kids Class Outside BKD	5 - 5:45 PM Kids Karate Online		9 - 10 AM All Levels Outside BKD
6 - 7 PM Teen/Adult Online	6 - 7 PM Teen/Adult In the Dojo	6 - 7 PM Teen/Adult Outside BKD	6 - 7 PM Teen/Adult Online		

Sunday, September 19th ~ 8-11 AM ~ Pine Point Beach